



9-13 November 2026

Let's celebrate daylight
together!

www.daylight.academy
#DaylightWeek
#DLAW2026

Daylight Awareness Week

Daylight: A force
shaping our world



Daylight is far more than a source of illumination. It is a force that shapes life on Earth, influencing our health, our culture, our built environment, and the natural systems on which we depend. Yet despite its fundamental role in our daily lives, daylight's wider effects often go unnoticed.

This year's Daylight Awareness Week invites you to explore the many ways daylight shapes our world.

Through documentaries, workshops, webinars, articles, and discussions, we will examine how natural light influences human well-being, the spaces we inhabit, the living world around us, and the technologies helping build a more sustainable future.

What's coming up?

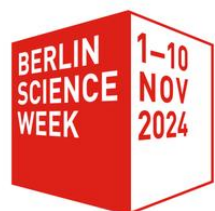
The Daylight (R)evolution : A scientific Odyssey
Four-part series exploring daylight through the following episodes:

Art & Architecture
Daylight & Humans
Energy
Biology

Book talk: In Defence of Sunlight. The Surprising Science of Sun Exposure
with author Rowan Jacobsen & Prof. Richard Weller

Blog series: Daylight – A force shaping our world
Read about our contemporary quest to understand daylight from leading architects and researchers

DLA at Berlin Science Week:



A Bright Start in the Science of Light: Two light and colour workshops for kids
Two in-person workshops for children brought to you by Aicha Diakite-Kortlever & Jemima Unwin Teji



Stay tuned, join the discussion, and help make daylight shine even brighter!

From architecture and health to biology, solar energy, and culture, each day of the week will focus on a different theme, with new content and events released throughout the programme.

We invite you to join the conversation by exploring our resources, attending events, and sharing your own insights and experiences.

Help us spread awareness of the importance of daylight by sharing relevant content on social media and using **#DaylightWeek** and **#DLAW2026**. Together, let's highlight the many ways daylight shapes our world and inspire others to see it in a new light.

What is Daylight Awareness Week?

Daylight Awareness Week is a global campaign to share scientific knowledge about natural light and raise awareness of the essential role daylight plays in our lives – not only for our health and well-being, but also from technological and environmental perspectives. It aims to bring attention to insights that are often unknown or overlooked, reaching stakeholders and the wider public.

Launched by the Daylight Academy in 2020 as a series of public online events, the campaign has grown into a broader, participatory initiative driven by contributions and activities from members and partners around the world.